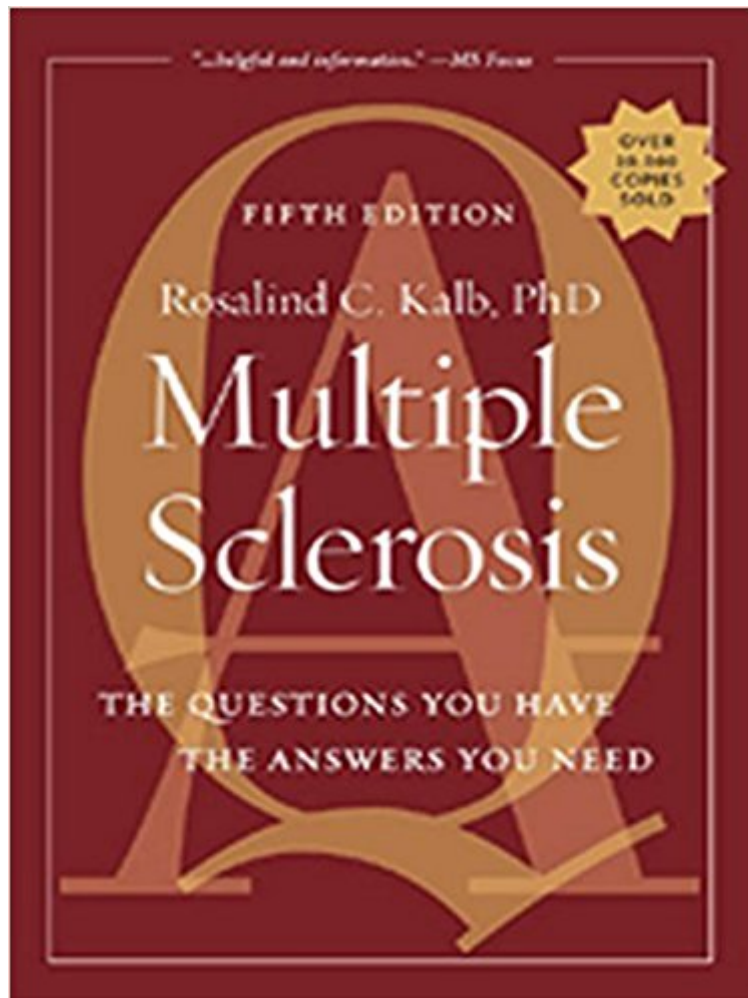




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# Multiple Sclerosis: The Questions You Have-The Answers You Need



## Synopsis

Multiple Sclerosis: The Questions You Have, The Answers You Need, 5th Edition is the definitive guide for everyone concerned with the disease - those who have MS and those who share their lives with someone who has it. It covers a wide range of topics in an accessible question and answer format that allows people to easily find the information they need while providing a model of successful communication with healthcare providers. The contributors are leading authorities in all areas of multiple sclerosis management, who proffer expert answers to the most common questions about living with MS-medical, emotional, social, and economic - and represents a interdisciplinary approach to the disease. The book's goal is to help those living with MS live the lives they aspire to lead. The chapters cover everything from treatment to emotional, sexual, and employment issues. The new edition has been thoroughly revised and updated throughout. The book provides the most current information on multiple sclerosis including a review of the controversy surrounding CCVSI, discussion of the first two pills in development for the disease, new information on the drug Tysabri, emotional issues, and the family. The thoroughly revised and updated fifth edition of the classic Multiple Sclerosis: The Questions You Have, The Answers You Need answers even more of your questions about how to live and thrive with MS. What are the current drug therapies for MS? What about alternative medicine? Should I exercise? How common is depression with MS?

## Book Information

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## Customer Reviews

This book, developed under the auspices of the Consortium of Multiple Sclerosis Centers and made

possible by an educational grant to the consortium by Bertex Laboratories, the manufacturer of Betaseron, the first drug approved by the FDA for treatment of multiple sclerosis, represents an interdisciplinary approach to the disease. Its goal is to help those with MS and their families formulate questions to ask their healthcare providers so they can manage life with MS. Written by experts, chapters cover topics ranging from neurology and treatment to emotional, sexual, and employment issues. Introductory material is followed by a series of questions most often asked of the authors in their work with MS, as well as questions received by the Information Center at the National Multiple Sclerosis Society. Chapters conclude with a list of recommended readings and other available resources. Appendixes include information sheets about drugs commonly used to treat and manage MS, as well as a comprehensive glossary of terms. This work is more inclusive and comprehensive than most single-authored, consumer-oriented publications, and the authors recommend it not necessarily be read cover to cover but treated as a reference source to be referred to according to individual need. Recommended to supplement other, more traditional sources such as Louis Rosner Jr. and Shelley Ross's *Multiple Sclerosis* (S. & S., 1992) in consumer health collections. ?Sue Hollander, Univ. of Illinois Lib. of the Health Sciences at Rockford Copyright 1996 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

"A most worthwhile resource for people with MS, their families and caregivers, and the medical and other support staff who work with them. Highly recommended."-Library Journal 11/1/2011 "In this comprehensive new edition, Dr. Kalb and colleagues have successfully blended together the expertise of professionals with real-life examples that bear witness to the realities of life with MS. If you could have only one resource for MS information, this is the one. Every professional who works in the field of MS as well as people with MS and their families would benefit from the critical questions posed in this book and the cogent answers provided."-Peggy Crawford, PhD, Clinical Psychologist, Department of Neurology, University of Cincinnati Medical School "I have recommended this book to my patients since its first edition because it is an extremely comprehensive reference for people no matter what stage they are in on their journey with MS. There is comfort in knowing others have asked similar questions to those they have and that answers are available that are straightforward and understandable this edition catches up to new information and ways to manage the disease but retains the basics about how to live with the disease and move forward."-Patricia Kennedy, RN, CNP, MSCN, Editor of the forthcoming *The Can Do Multiple Sclerosis Guide to Lifestyle Empowerment* Praise for the Previous Edition "...If you

have MS, love someone with MS, or work with a person who has MS, you will find this book helpful and informative."-MS Focus "...Highly recommended for MS patients, bookstores, and libraries."-Doody's Reviews "...inclusive and comprehensive..."-Library Journal "The writing style is clear and informative, and the authors are sympathetic and the emotional aspects of living with MS...Physical therapists, students, physicians, and people with MS will find it a useful addition to their library."-Physical Therapy "Enhanced with a comprehensive list of readings and resources, this is the primary resource most especially recommended for non-specialist general readers having to deal with MS issues."-The Bookwatch (Library Journal 20111101) --Library Journal

I've had MS for over 15 years. This is the best, most informative book that I have found. I located at a medical library, checked it out, and could not stop reading it. There is so much information! So many tips and suggestions about things like making your home a safer/easier place to live; how to continue working or how to stop working, how to get help so that you can work from home; talking to your kids, family & friends about your illness; understanding what you are going through; and more! And it is all easy to read, easy to understand. I wish that it had been written when I was first diagnosed & going through all the problems that I had. I bought myself a copy, and since then I have been buying people copies - That's how important I think this is! You have to get this book. It will help your life or the life of someone you know... Whether you have MS, are a caregiver, a friend, in the medical field, a librarian - get it! In 2012, I purchased another copy since it is like a library to me. The contact references are very helpful. Especially for people who don't have computers - as I am learning that many people with MS cannot afford, cannot get to computers, or do not know how to use. So, it gives an idea as to who to contact, even in your own city/state. (And these are helpful for people with other health problems, too.) Something I have noticed, though - Some people are 'overwhelmed' when they get it since there is so much information. Go at it slowly if you feel this way and find a section at which you can start... You will learn something!

Love this book! It answers a lot of the questions that I was wondering. Great resource book!

I let someone borrow the original, it covered more and had a better format. Nothing in this book answered any questions or concerns I have. Only kept because I feel someone else will benefit from this book, so I donated to my local library

Truly everything you need to know. I wish there was a book like this with Canadian information in it,

but this one does answer most questions. It is a HEAVY book, and thick. If you are having trouble comprehending things, you might want to start with "Multiple Sclerosis for Dummies" by the same author. Simpler, more white space, same good information. Oh, and if you are just starting on the MS journey, this book might scare you a bit. The details of advanced MS can lead you into dark passages. Dip in as you need it and don't read it cover to cover....

This book was okay, didn't go deep enough for me. Just the basics which the answers can be found on any google search. I thought because this was written by a PHD/MS specialist, it would contain some of my questions for a 34 yr old with MS.

I bought this book to have a better understanding of MS since my fiancée has it. Mrs. Kalb is a great writer and I read the book in a day! It was heartbreaking to read the things she went through, even after getting on treatment. Funny, insightful and very informative.

Much appreciated as I want to learn what I can about a disease that afflicts and will be further afflicting my youngest son!

This book came in perfect condition. Also the content has been the most valuable for me as I was recently diagnosed with MS. I suggest any person with MS on any level of the MS spectrum to buy it.

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